"Baseline Household Survey at Kothimangalam Panchayat Thirukazhukundram Taluk"

Event Title	Baseline Household Survey at Kothimangalam Panchayat
Category	Unnat Bharat Abhiyan Survey
Department/ Cell/ Club	Unnat Bharat Abhiyan Cell
Date	21/12/2024
No. of Participants	30

VENUE: Nelvoy, Irumbuli and Melapattu Village

DATE: 21.12.2024

On 21st December 2024, II MSW students along with Outreach Club Students revisited the villages of Irumbuli and Nelvoy in Kothimangalam Panchayat. This follow-up effort aimed to complete the household surveys that were pending from the earlier visit. The students successfully achieved comprehensive coverage of these villages during this phase.

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PHOTOS

"Baseline Household Survey at Palur Panchayat"

Event Title	Baseline Household Survey at Palur Panchayat
Category	Unnat Bharat Abhiyan
Department/ Cell/ Club	Unnat Bharat Abhiyan Cell
Date	30/01/2025
No. of Participants	42

VENUE: Palur Village

DATE: 30.01.2025

On 30th January 2025, the 42 students from the MSW department and Outreach Club, along with the Head of the Department Ms. Priyadharshini and Assistant Professor Ms. Sindhuja department of MSW, revisited the Palur village in Palur Panchayat Chengalpattu. This follow up effort aimed to complete the Household surveys that were pending from the earlier visit. They proceeded to conduct surveys across various streets within the Palur Panchayat area. The students successfully achieved comprehensive coverage of these villages during this phase.

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LIST OF VOLUNTEERS

1.	Rathnapriya C
2.	Reshma
3.	Srimathi
4.	Subhashini
5.	Subhashree
6.	Vishali R
7.	Sandhiya B
8.	Aswini R
9.	Harini R K
10.	Harini V
11.	Janani R
12.	Hinduja R
13.	Kaviyapriya
14.	Keerthana K
15.	Kuzhali
16.	Maheswari
17.	Monisha
18.	Nethra
19.	Varshini
20.	Swathi
21.	Thulasi
22.	Swetha V
23.	Sandhiya R
24.	Preethilatha K
25.	Kanimozhi S
26.	Jyothika
27.	Flarenceedith
28.	Bhoomika
29.	Asiha
30.	Jayashree
31.	Prashitha
32.	Alwyn
33.	Agalya
34.	Pavithra
35.	Sushmitha sureshkumar
36.	Roshini
37.	Yogalakshmi
38.	Kanupriya
39.	Meenakshi
40.	Durgadevi
41.	Srimathi
42.	Soorya P.V

"Baseline Household Survey at Palur Panchayat"

Event Title	Baseline Household Survey at Palur Panchayat
Category	Unnat Bharat Abhiyan
Department/Cell	Unnat Bharat Abhiyan Survey
Date	31/01/2025, Friday
No. of Participants	42

VENUE: Palur Village

DATE: 31.01.2025

On 31st January 2025, the 42 students from the MSW department and Outreach Club, along with the Assistant Professor Ms. Tharani department of MSW, revisited the Palur village in Palur Panchayat Chengalpattu. This follow up effort aimed to complete the Household surveys that were pending from the earlier visit. The students successfully achieved comprehensive coverage of these villages during this phase.

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LIST OF VOLUNTEERS

1.	Raashidhafathima S
2.	Dharshana P C
3.	Kiran Mary
4.	Lavanya
5.	Madhuvarshini M
6.	Aarti B V
7.	Deepa
8.	Aashika
9.	Rakshitha R
10.	Jayalakshmi S
11.	Deepasri D
12.	Avanthika
13.	Rajalakshmi
14.	Shobana
15.	Thamilselvi
16.	Amiruthavarshini
17.	Durga
18.	Nikitha
19.	Madhumitha
20.	Yamini
21.	Ramya
22.	Kaviya
23.	Yamuna
24.	Sandhiya
25.	Arockia
26.	Aruni
27.	Vishal Aswitha
28.	Brigith
29.	Harini
30.	Jasmine
31.	Chrishlin
32.	Mahalashmi K
33.	Jeyalaxmi R
34.	Santhiya M

35.	Keerthana N
36.	Devishri
37.	Vinodhini
38.	Suriya T
39.	Rajeswari
40.	Megha
41.	Jayajannai
42.	Avanthika

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Sensitization Program on "Healthy Eating Habits & Bully Prevention"

Event Title	Sensitization Program On "Healthy eating habits & Bully prevention"
Category(GL/workshop/conference/invited talk/seminar/FDP)	Sensitization Program
Department/Cell/Club	PG Department of Social work & Unnat Bharat Abhiyan Cell
Date	31/01/2025
No. of Resource Person	NIL
No. of Participants	15

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REPORT

On 31st January 2025, an awareness program was conducted at Palur Primary School for girls in 1st to 5th grade. The primary goal of the program was to educate the children on the importance of healthy eating habits, the difference between healthy and unhealthy foods, and how to prevent bullying. The session was interactive, engaging, and full of fun learning activities aimed at creating awareness and building positive behaviors among the children. The program began with the volunteers introducing themselves to the students. We started the session by teaching phonetics to help enhance the children's learning and language skills. The children actively participated and showed keen interest in the session. We then shifted the focus to educating the children about healthy and unhealthy foods. We used simple, relatable examples to make the topic easier for the children to understand. The importance of balanced nutrition and making healthy choices was emphasized. To make the session more interactive and fun, we conducted an ice-breaking game titled "Thumbs Up." In this game, we showed images of different foods, and the children were asked to give a thumbs up if the food was healthy and thumbs down if the food was unhealthy. The children enthusiastically participated, and it helped reinforce their understanding of healthy eating habits.

Following the food-related session, we introduced the topic of bully prevention. The children were educated about the importance of kindness, respect, and how to stand up against bullying. The session was designed to empower the children to create a positive and supportive school environment. To keep the children engaged and encourage teamwork, we divided them into five groups. Each group was given a set of numbered papers, and they had to work together to find the correct numbers. The children enjoyed the activity and showed great enthusiasm throughout. This activity not only encouraged teamwork but also helped improve their problem-solving skills. At the end of the program, the children were given pencils as a token of appreciation for their active participation. The gift served as a reminder

of the lessons learned during the session. The session concluded with a group photo to capture the memories of the event.

PHOTOS

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LIST OF VOLUNTEERS

1.Avanthika
2.Brigith Sugirtha
3.Jenushiya Jenifer
4.Nandhini
5.Nila
6.Sabitha
7.Swathi
8.Tamilarasi