# DEPARTMENT OF HOME SCIENCE

# **B.Sc CLINICAL NUTRITION AND DIETETICS**

**CHOICE BASED CREDIT SYSTEM (CBCS)** 

&

LEARNING OUTCOMES BASED CURRICULUM FRAMEWORK (LOCF)

2023-2026 Batch



# Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous)

Owned and Managed by Cork Industries Charities Trust Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC Chromepet Chennai-600044



## **B.Sc HOME SCIENCE- CLINICAL NUTRITION AND DIETETICS**

## PROGRAMME OUTCOMES (PO)

After completion of the programme, the student will be able to

PO1	Develop sharp cognisance of concepts, apply the domain knowledge with utmost confidence and be assertive at any given opportunity.						
PO2	Possess deeper understanding of life skills to appraise life and draw logical conclusions.						
PO3	Design and develop solutions for challenging problems of society.						
PO4	Acquire programme-centric thought process facilitating further studies in the respective domain.						
PO5	Engage in life-long learning to easily adapt to the dynamic environment and obtain clarity and preparedness for field specialisation.						
PO6	Self-actualise and self-regulate, focussing on ethical and moral values to become a compassionate human being.						

## PROGRAMME SPECIFIC OUTCOMES (PSO)

The students at the time of graduation will

PSO1	Understand the basic of nutrition to develop interdisciplinary expertise in food science nutrition, dietetics and its allied health sciences to meet national health demands effectively.						
PSO2	Provide overall skills enhancement and develop competence in diverse healthcare settings in various domains of Nutritional Sciences.						
PSO3	Cultivate research proficiency, community engagement, and entrepreneurial leadership and interest in higher education to drive innovation and address societal health needs.						



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#### **Curriculum 2023-2026**

						LECTU				
SEM	PART	COURSE COMPONEN T	COURSE CODE	TITLE OF THE PAPER	CREDITS	HOUR	(5	CIA	ESE	TOTAL
		<b>'</b>				TH	PR			
ı	I	Foundation Course	22ULTFC1001/ 22ULHFC1001/ 22ULSFC1001/ 21ULFFC1001	Tamil-I/ Hindi-I/ Sanskrit-I/ French-I	3	6		40	60	100
Year I	П	English	20UGEFC1001	General English-I	3	6		40	60	100
Sem este		Core Major - Paper I	20UNDCT100I	Food Science	4	4	2	40	60	100
r	III	Core Major - Paper II	20UNDCT1002	Food Microbiology	4	4	2	40	60	100
		Allied Theory -1	20UNDAT1001	Allied Chemistry - 1	4	4	2	40	60	100
	IV	Soft Skill – I	23USSEC1001	Effective Communication Skills	2			50	-	50
				TOTAL	20					550
	I	Foundation Course	22ULTFC2002/ 22ULHFC2002/ 22ULSFC2002/ 22ULFFC2002	Tamil-II/ Hindi-II/ Sanskrit-II/ French-II	3	6		40	60	100
	П	English	20UGEFC2002	General English-II	3	6		40	60	100
ı	III	Core Theory-III	20UNDCT2003	Human Physiology	4	6		40	60	100
Year II		Core Practical-I	20UNDCP200I	Human Physiology - Practical	4		6	40	60	100
Sem este		Allied Theory - II	20UNDAT2002	Allied Chemistry - II	4	3		40	60	100
r		Allied Practical -1	20UNDAP200I	Allied Chemistry - Practical	2		3	40	60	100
			20UESVE2001	Environmental Studies	2			50	-	50
	IV	Value Education	20UYGVE2002	Yoga and Wellness	2			50	-	50
		Life Skill – II	20UUHVE2003	Universal Human Values	3			50	50	100
				TOTAL	27	_		_		800
II Year III	I	Foundation Course	22ULTFC3003/ 22ULHFC3003/ 22ULSFC3003/	Tamil-III/ Hindi-III/ Sanskrit-III/	3	6		40	60	100



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Sem		1	22ULFFC3003	French-III						
este										
r	II	English	20UGEFC3003	General English-III	3	6		40	60	100
	Ш	Core Theory - Paper IV	20UNDCT3004	Nutrition through life cycle	4	4	2	40	60	100
		Core Theory - Paper V	20UNDCT3005	Human Nutrition - I	4	6		40	60	100
		Allied Theory -III	20UNDAT3003	Fundamentals of Biochemistry	5	4	1	40	60	100
	IV	Non-Major Elective	20UNDNE300l	Basic Nutrition	2	2		50		50
				TOTAL	21					550
	I	Foundation Course	22ULTFC4004/ 22ULHFC4004/ 22ULSFC4004/ 22ULFFC4004	Tamil-IV/ Hindi-IV/ Sanskrit-IV/ French-IV	3	6		40	60	100
	II	English	20UGEFC4004	General English-IV	3	6		40	60	100
l II	IV	Core Major - Paper VI	20UNDCT4006	Medical Nutrition Therapy	4	6		40	60	100
Year IV		Core Practical - Paper II	20UNDCP4002	Medical Nutrition Therapy - Practical	4		6	40	60	100
Sem este r		Allied Theory -IV	22UNDAT4004	Food Product Development and Marketing	5	4	1	40	60	100
		Non Major Elective I	20UNDNE4002	Basic Nutrition	2	2		50	-	50
		Life Skill- III	23ULSLM4003	Leadership & Managerial Skills	2			50	-	50
		Students Progression Bodies	23USP 4 I	Students Progression Activities	2				-	
				TOTAL	25					600
	111	Core Major - Paper VII	20UNDCT5007	Community Nutrition	4	6		40	60	100
		Core Major - Paper VIII	20UNDCT5008	Food Service Management	4	6		40	60	100
III Year V Sem este r		Core Major - Paper IX	20UNDCT5009	Human Nutrition II	4	6		40	60	100
		Core Major - Paper X	20UNDCT5010	Sports Nutrition	4	6		40	60	100
		Core Elective- I (classroom/ Coursera)	24UNDET5A0I/ 24UNDET5B01	Functional foods and Nutraceuticals/ Introduction to Medical Terminology	5	6		40	60	100
	IV	SKILL BASED ELECTIVE	23 USSSBS SM3	Skill Based Elective - SWAYAM-MOOC / NPTEL	3			50	-	50
				TOTAL	24					550



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III Year VI Sem este r	III	Core Major - Paper XI	20UNDCT60I 1	Clinical Nutrition	4	6		40	60	100
		Core Major - Paper XII	20UNDCT60I 2	Food Service Management 11	4	6		40	60	100
		Core Practical - Paper II I	20UNDCP6003	Nutrition and Clinical Biochemistry - Practical	4		6	40	60	100
		Core Elective- II Classroom/ NPTEL	24UNDET6A02/ 24UNDET6B02	Basic concepts of home science/ Psychology of Stress, Health and Well- being	5	5		40	60	100
		Core Elective- III Classroom / Coursera	24UNDET6A03/ 24UNDET6B03	Diet Counselling — Techniques and Practice with Internship/ Basic of Public Health Practice	5		5	40	60	100
		SKILL ENHANCEMENT	23USSSE6CR4	Skill Enhancement - Coursera	3			50	-	50
		Extra-Curricular Activity	XSP	Sports	1			-	-	-
				TOTAL	26					550
				GRAND TOTAL	143					3600

<sup>\*</sup> Coursera—LMS course offered from Coursera Course

# **Core Electives**

List of Courses Offered in V Semester	<u>List of Courses Offered in VI semester</u>
1.Functional foods and Nutraceuticals / Introduction to Medical Terminology	<ol> <li>Basic concepts of home science / Psychology of Stress, Health and Well- being</li> <li>Diet Counselling — Techniques and Practice with Internship / Basic of Public Health Practice</li> </ol>