DEPARTMENT NAME DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT & DIETETICS

B.Sc Home Science- Nutrition, Food Service Management & Dietetics

CHOICE BASED CREDIT SYSTEM (CBCS)

&

LEARNING OUTCOMES BASED CURRICULUM FRAMEWORK (LOCF)

2023-2026 Batch



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous)



Owned and Managed by Cork Industries Charities Trust Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC Chromepet Chennai-600044

B.Sc Nutrition, Food Service Management & Dietetics

PROGRAMME OUTCOMES (PO)

After completion of the programme, the student will be able to

| PO1 | Develop sharp cognizance of concepts, apply the domain knowledge with utmost confidence and be assertive at any given opportunity. | | | | | | | |
|-----|---|--|--|--|--|--|--|--|
| PO2 | Possess deeper understanding of life skills to appraise life and draw logical conclusions. | | | | | | | |
| PO3 | Design and develop solutions for challenging problems of society. | | | | | | | |
| PO4 | Acquire programme centric thought process facilitating further studies in the respective domain. | | | | | | | |
| PO5 | Engage in life-long learning to easily adapt to the dynamic environment and obtain clarity and preparedness for field specialization. | | | | | | | |
| PO6 | Self-actualize and self-regulate, focusing on ethical and moral values to become a compassionate human being. | | | | | | | |

PROGRAMME SPECIFIC OUTCOMES (PSO)

The students at the time of graduation will

| PSO1 | Demonstrate and familiarize with techniques in the field of home science to promote healthy living in the community. | | | | | | |
|---|---|--|--|--|--|--|--|
| PSO2 | Develop interpersonal, critical thinking, communication, problem-solving and entrepreneurial skills to achieve success. | | | | | | |
| PSO3 Building a strong foundation to pursue higher education and employment in var fields of academics, research, health care and food service industry. | | | | | | | |



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous) Owned and Managed by Cork Industries Charities Trust Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC Chromepet Chennai-600044



Curriculum 2023-2026

| SEM | PAR T | COURSE COMPONE NT | COURSE CODE | TITLE OF THE PAPER | CREDI TS | НО | TURE OURS | CIA | ES E | TOTA L |
|-----------------------|----------|----------------------------|---|---|-------------|----|--------------|-----|---------|-----------|
| | | | | | | TH | PR | | | |
| | I | Foundation Course | 22ULTFC1001 22ULHFC1001 22ULSFC1001 21ULFFC1001 | Tamil-I/ Hindi-I/ Sanskrit-I/ French-I | 3 | 6 | 1 | 40 | 60 | 100 |
| I Yea | II | English | 20UGEFC1001 | General English-I | 3 | 6 | - | 40 | 60 | 100 |
| r I Se | | Core Major-Paper I | 20UFMCT1001 | Food Science | 4 | 4 | 2 | 40 | 60 | 100 |
| mes ter | III | Core Major-Paper II | 20UFMCT1002 | Human Physiology | 4 | 6 | ı | 40 | 60 | 100 |
| | | Allied I- Paper I | 20UFMAT1001 | Allied Chemistry – I | 4 | 4 | 2 | 40 | 60 | 100 |
| | IV | Soft Skill | 23USSLC1001 | Essentials of Language and Communication Skills | 2 | - | - | 50 | - | 50 |
| | | | | TOTAL | 20 | | ı | - | - | 550 |
| I Yea | I | Foundation Course | 22ULTFC2002/ 22ULHFC2002/ 22ULSFC2002/ 21ULFFC2002 | Tamil-II/ Hindi-II/ Sanskrit-II/ French-II | 3 | 6 | 1 | 40 | 60 | 100 |
| | II | English | 20UGEFC2002 | General English-II | 3 | 6 | - | 40 | 60 | 100 |
| | III | Core Major- Paper III | 20UFMCT2003 | Nutrition I | 3 | 6 | - | 40 | 60 | 100 |
| II Se | | Core Major- Practical I | 20UFMCP2001 | Physiology & Nutrition-Practical | 4 | - | 6 | 40 | 60 | 100 |
| mes ter | | Allied I- Practical I | 20UFMAP2001 | Allied Chemistry - Practical I | 2 | - | 3 | 40 | 60 | 100 |
| | | Allied I- Paper II | 20UFMAT2002 | Allied Chemistry – II | 4 | 3 | 1 | 40 | 60 | 100 |
| | IV | | 20UESVE2001 | Environmental Studies | 3 | - | - | 50 | - | 50 |
| | | IV Value Education | 20UYGVE2002 | Yoga and Wellness | 2 | - | - | 50 | - | 50 |
| | | | 23UUHVE2003 | Universal Human Values | 2 | - | - | 50 | - | 50 |
| | | | | TOTAL | 27 | - | - | - | - | 750 |
| II Yea r III | I | Foundation Course | 22ULTFC3003/ 22ULHFC3003/ 22ULSFC3003/ 21ULFFC3003 | Tamil-III/ Hindi-III/ Sanskrit-III/ French-III | 3 | 6 | - | 40 | 60 | 100 |



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous) Owned and Managed by Cork Industries Charities Trust Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC Chromepet Chennai-600044



| | | | | | | 1 | _ | | | |
|--|-----|--|---|---|----|---|---|----|----|-----|
| Se mes | II | English | 20UGEFC3003 | General English-III | 3 | 6 | - | 40 | 60 | 100 |
| ter | | Core Major- Paper IV | 21UFMCT3004 | Nutrition through life cycle | 4 | 4 | 2 | 40 | 60 | 100 |
| | | Core Major- Paper V | 21UFMCT3005 | Medical nutrition therapy I | 4 | 6 | - | 40 | 60 | 100 |
| | III | Allied II- Paper | 21UFMAT3003 | Nutritional Biochemistry | 5 | 4 | 1 | 40 | 60 | 100 |
| | | Non-Major Elective* Subject Offered to other departments | 20UFMNE3001 | Women and Health | 2 | 1 | - | 50 | - | 50 |
| | | | | TOTAL | 21 | | | | | 550 |
| | I | Foundation Course | 22ULTFC4004/ 22ULHFC4004/ 22ULSFC4004/ 21ULFFC4004 | Tamil-IV/ Hindi-IV/ Sanskrit-IV/ French-IV | 3 | 6 | - | 40 | 60 | 100 |
| | II | English | 20UGEFC4004 | General English-IV | 3 | 6 | - | 40 | 60 | 100 |
| | III | Core Major- Paper VI | 21UFMCT4006 | Medical nutrition therapy II | 3 | 6 | - | 40 | 60 | 100 |
| II Yea | | Core Major- Practical II | 21UFMCP4002 | Medical nutrition therapy practical | 2 | - | 6 | 40 | 60 | 100 |
| r IV Se mes ter | | Allied III- Paper IV | 21UFMAT4004 | Food Microbiology | 2 | 4 | 2 | 40 | 60 | 100 |
| | IV | Non-Major Elective* Subject Offered to other departments | 20UFMNE4002 | Women and Health | 2 | 1 | - | 50 | - | 50 |
| | | Life Skill-III | 23ULSLM4003 | Leadership & Managerial Skills | 2 | - | - | 50 | - | 50 |
| | | Students Progression Bodies | 23USP_4_1 | Student progression Activities | 2 | - | - | 50 | - | 50 |
| | | | | TOTAL | 25 | | | | | 650 |
| III Yea r V Se mes ter | III | Core Major - Paper VII | 21UFMCT5007 | Human Development | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Major - Paper VIII | 21UFMCT5008 | Food Service Management I | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Major - Paper IX | 21UFMCT5009 | Nutrition II | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Major - Paper X | 21UFMCT5010 | Community Nutrition | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Elective theory- I (Classroom / Coursera) | 24UFMET5A01 / 24UFMET5B01 | Fundamentals of Textiles & Clothing / Basic of Public Health Practice | 5 | 6 | - | 40 | 60 | 100 |



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous) Owned and Managed by Cork Industries Charities Trust Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC Chromepet Chennai-600044



| | IV | Skill based Elective | 20USSCS6FM4 | Computing Skills – Swayam-MOOC courses | 3 | - | - | 50 | - | 50 |
|---|-----|--|---------------------------------|---|-----|---|---|----|----|------|
| | | | | TOTAL | 24 | | | | | 550 |
| III Yea r VI Se mes ter | III | Core Major - Paper XI | 23UFMCT6011 | Biomarkers in Clinical Nutrition | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Major - Paper XII | 21UFMCT6012 | Food Service Management II | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Major - Paper XIII | 21UFMCT6013 | Sports Nutrition | 4 | 6 | - | 40 | 60 | 100 |
| | | Core Elective- II (Classroom / NPTEL) | 24UFMET6A02 / 24UFMET6B02 | Interior Decoration / Textiles & Quality Analysis | 5 | 6 | - | 40 | 60 | 100 |
| | | Core Elective- III (Classroom / Coursera) | 24UFMET6A03 / 24UFMET6B03 | Diet Counseling and Patient Care with internship/ Introduction of Medical Terminology | 5 | 6 | - | 40 | 60 | 100 |
| | IV | Skill Enhancement Course | 23USSSE6CR4 | Coursera* | 3 | - | - | 50 | - | 50 |
| | V | Extension Activity | XSP | Sports | 1 | | - | - | - | - |
| | | | | TOTAL | 26 | | - | | | 550 |
| | | | | GRAND TOTAL | 143 | | | | | 3600 |

Core Electives

| List of Courses Offered in V Semester | List of Courses Offered in VI semester |
|--|--|
| 1. Fundamentals of Textiles & Clothing / Basic of Public Health Practice. | Interior Decoration / Textiles & Quality Analysis Diet Counselling and Patient Care with internship/ Introduction of Medical Terminology |