

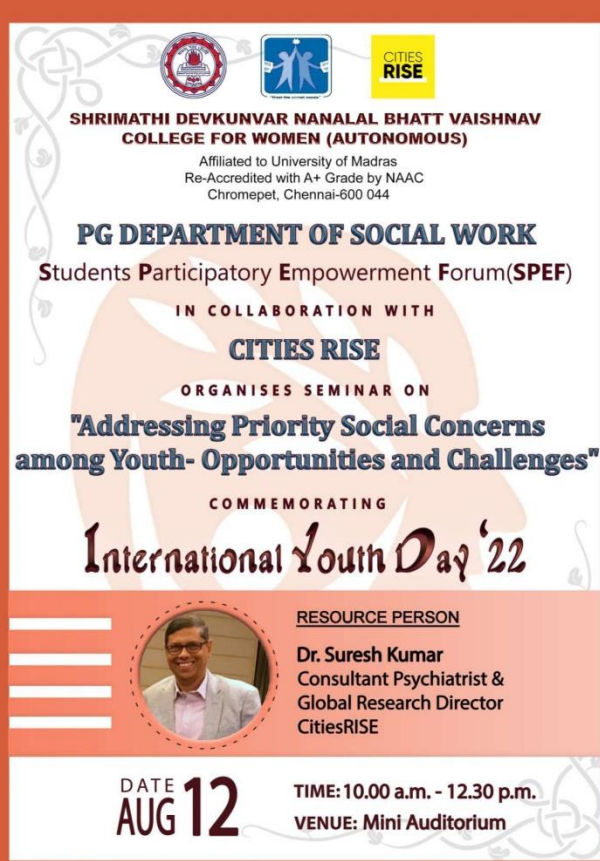
## MSW DEPARTMENT ACTIVITIES SPEF 2022-2023

Dean: Dr. Renu Agarwal

Head In-Charge: Ms. Priyadharshini. K

Association VP: Ms. Jesy Stephy. J

AUGUST 2022







ACTIVITY NAME	SEMINAR ON ADDRESSING PRIORITY SOCIAL CONCERNS AMONG YOUTH OPPORTUNITIES & CHALLENGES
DATE	12 <sup>th</sup> August 2022
TIME	10:00 am-12:30 pm
VENUE	MINI AUDITORIUM
INVITATION	 <p>The poster is for a seminar titled "Addressing Priority Social Concerns among Youth- Opportunities and Challenges" organized by the PG Department of Social Work at Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous). It is in collaboration with Cities RISE and commemorates International Youth Day '22. The resource person is Dr. Suresh Kumar, Consultant Psychiatrist &amp; Global Research Director at CitiesRISE. The event is on August 12, from 10:00 a.m. to 12:30 p.m. at the Mini Auditorium.</p>
REPORT	<ul style="list-style-type: none"><li>• The program was commenced at 10:16 am.</li><li>• Resource Person was Dr. M. Suresh Kumar, Consultant Psychiatrist &amp; Global Research Director who holds positions on a number of international boards. He has been involved in research and has served as an investigator for several research projects in mental health and substance abuse for over 40 years.</li></ul>

	<ul style="list-style-type: none"> <li>• He addressed various social concerns of youth along with the challenges and its opportunities in topics like Excessive Social Media Use, Substance Use, Stress, Love and Suicide.</li> <li>• The session was very interesting and interactive. Students shared their feedback like it was relatable and aligning with immense information and lively session.</li> </ul>
--	---

### PICTURES OF THE SEMINAR:



## SEPTEMBER 2022

ACTIVITY NAME	OUTREACH POGRAM ON ANEMIA FREE INDIA OBSERVING NATIONAL NUTRITION WEEK
DATE	09 <sup>th</sup> SEPTEMBER 2022
TIME	9:00 am- 12:00 pm
VENUE	Railway Station Road, Chromepet
INVITATION	<div><div></div><p>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN A+ (AUTONOMOUS) CHROMPET, CHENNAI-44 PG DEPARTMENT OF SOCIAL WORK IN COLLABORATION WITH INTEGRATED CHILD DEVELOPMENT SERVICES (ICDS) SCHEME CORDIALLY INVITES YOU TO THE <b>PUPPET SHOW ON "ANEMIA FREE INDIA "</b></p><div></div><p>Venue : Railway station road</p><p>Date:09/09/2022                      Timings: 9:00am onwards</p><div><div><b>PRINCIPAL</b> Dr.R.Geetha</div><div><b>VICE PRINCIPAL (AIDED)</b> Dr.M.S.Lekha</div><div><b>HEAD INCHARGE</b> Ms.Priyadharshini K</div></div><div><div><b>VICE PRINCIPAL (SFS)</b> Dr.Victoria Priscilla</div><div><b>PROGRAM COORDINATOR</b> Ms.Jessy Stephy</div></div><div><div><b>VICE PRINCIPAL (SHIFT -I)</b> Dr. Manisha Sura Mardhini</div><div><b>PROGRAM ORGANIZERS</b> Staffs &amp; students MSW department</div></div></div>
REPORT	PG Department of Social Work in Collaboration with ICDS and Outreach Club of SDNBVC organised Outreach Program on Anaemia Free India observing National Nutrition Week. The students of 2 <sup>nd</sup> year MSW were immensely involved in participating in the Street play and Muppet in the motive of creating awareness to the public on Anemia. This was held in Signal junction (in front of Saravana Stores). This program was organized to celebrate the national nutrition week with the year's theme on ANEMIA. The street play was vibrantly started off with the jingles to grab the attention of the



	<p>public. Also the Muppetry with the dolls were very attractive to the public. They gradually gave awareness on the symptoms of anemia, food that should be taken and not to be taken to prevent anemia.</p>
--	---

### PICTURES OF THE EVENT:



<b>ACTIVITY NAME</b>	SPEF INAUGURATION 2022 & SEMINAR ON STRESS MANAGEMENT & COPING WITH PEER PRESSURE OBSERVING WORLD SUICIDE PREVENTION MONTH
<b>DATE</b>	23 <sup>rd</sup> SEPTEMBER 2022
<b>TIME</b>	9:00 am-11:00am
<b>VENUE</b>	MINI AUDITORIUM
<b>INVITATION</b>	 <p>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN, AFFILIATED TO UNIVERSITY OF MADRAS, RE-ACCREDITED A+ GRADE BY NAAC CHROMEPET, CHENNAI- 600 044</p> <p>PG DEPARTMENT OF SOCIAL WORK STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF)</p> <p>In Association With <b>SHADITHYA HOSPITAL, Pallavaram</b> Organizes <b>Seminar on "Stress Management &amp; Coping with Peer Pressure"</b> observing <b>World Suicide Prevention Month</b> &amp; <b>SPEF INAUGURATION 2022</b></p> <p><b>Resource Person:</b></p>  <p>Mr. K. Jayandra Kumar, Psychiatric Social Worker, Shadithya Hospital, Pallavaram.</p> <p><b>Venue:</b> Mini Auditorium      <b>Date:</b> 23.09.2022      <b>Time:</b> 9.00 a.m to 11.00 a.m</p>
<b>REPORT</b>	<p>PG department of Social work has inaugurated Student Association SPEF and organised Seminar on Stress management and coping up with peer pressure in Association with Shadithya Hospital, Pallavaram observing World Suicide Prevention Day. The program was glorified with the presence of Principal madam and the resource person Mr.K.Jayandra Kumar, Psychiatric Social worker. The program was started at 9:20am with the department song and welcome address. The Principal Madam addressed the students and the program was proceeded with the SPEF FORUM inauguration. The Student participatory Empowerment Forum (SPEF) is an active body under which all our department program are</p>

been organised with zeal and enthusiasm. The Elected office bearers of SPEF forum 2022 was given the batch and the inauguration was proceeded with the Oath taking ceremony and concluded with the proposal of SPEF annual report and action plan.


The PG Social Work Students performed street play on Prevention Of suicidal thoughts and behavior. The Resource Person Mr.K. Jayandra Kumar, Psychiatric Social Worker headed the session with his commendable talk on the subject of Stress Management and coping up with peer pressure. The Resource Person discussed about the Symptoms , Preventive measures and tips to deal with stress and some simple relaxation techniques like Deep breathing exercises, Progressive Muscular relaxation technique and so on. The pleasurable activities which helps us to segregate happy hormones via Reading Books, Watching TV, Playing with children were discussed. The session ended up with Feed back questions. The students gave their utmost enthusiastic participation throughout the program and clarified their doubts. The students also exchanged their thoughts and views on coping with peer pressure.

### PICTURES OF THE EVENT:





## OCTOBER 2022



<b>ACTIVITY NAME</b>	OUTREACH PROGRAM ON RESILIENCE OF OLDER PERSONS IN CHANGING WORLD COMMEMORATING INTERNATIONAL ELDERLY DAY
<b>DATE</b>	01 <sup>st</sup> OCTOBER 2022
<b>TIME</b>	10:00 am- 12:00 pm
<b>VENUE</b>	ATHULYA SENIOR CARE, PERUNGUDI
<b>INVITATION</b>	 <p>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN AFFILIATED TO UNIVERSITY OF MADRAS , RE-ACCREDITED A+ GRADE BY NAAC CHROMEPET, CHENNAI - 600 044</p> <p>PG DEPARTMENT OF SOCIAL WORK STUDENTS PARTICIPATORY EMPOWERMENT FORUM(SPEF)</p> <p>In Association with ATHULYA HEALTH CARE, PALLAVARAM</p> <p>Organizes <b>Out reach program</b> <b>"Resilience of older persons in changing world"</b> Commemorating <b>International Elderly day 2022</b></p> <p>Venue: Athulya Health care, Pallavaram Time: 10am -12pm Date: 01/10/2022</p>
<b>REPORT</b>	Under SPEF Banner, Staff and Students from PG Department of Social Work organised Outreach Program for Elderly people at Athulya Senior care in order to commemorate International Elderly day. The theme was Resilience Older persons in changing world. The program was hosted by SPEF President and Vice President Ms. Divya and Ms. Vidhya. The program was started with Department song and Welcome Address. After that Staff from MSW felicitated Ms.

	<p>Muthulakshmi, Senior Nurse. Art based therapy was given by the students to make the elders ventilate their emotions. They were actively involved in the session. First year MSW Students engaged them in Dance and performed dance to make them enjoy. Second year MSW Students performed street play on the concept of showing reverence to older persons. Then recreational activities like games and laughter exercise was also given to them. Elders of Athulya expressed their gratitude and gave very good feedback for organising this program. Certificates were provided to students by Athulya Senior Care.</p>
--	--

### PICTURES OF THE EVENT:

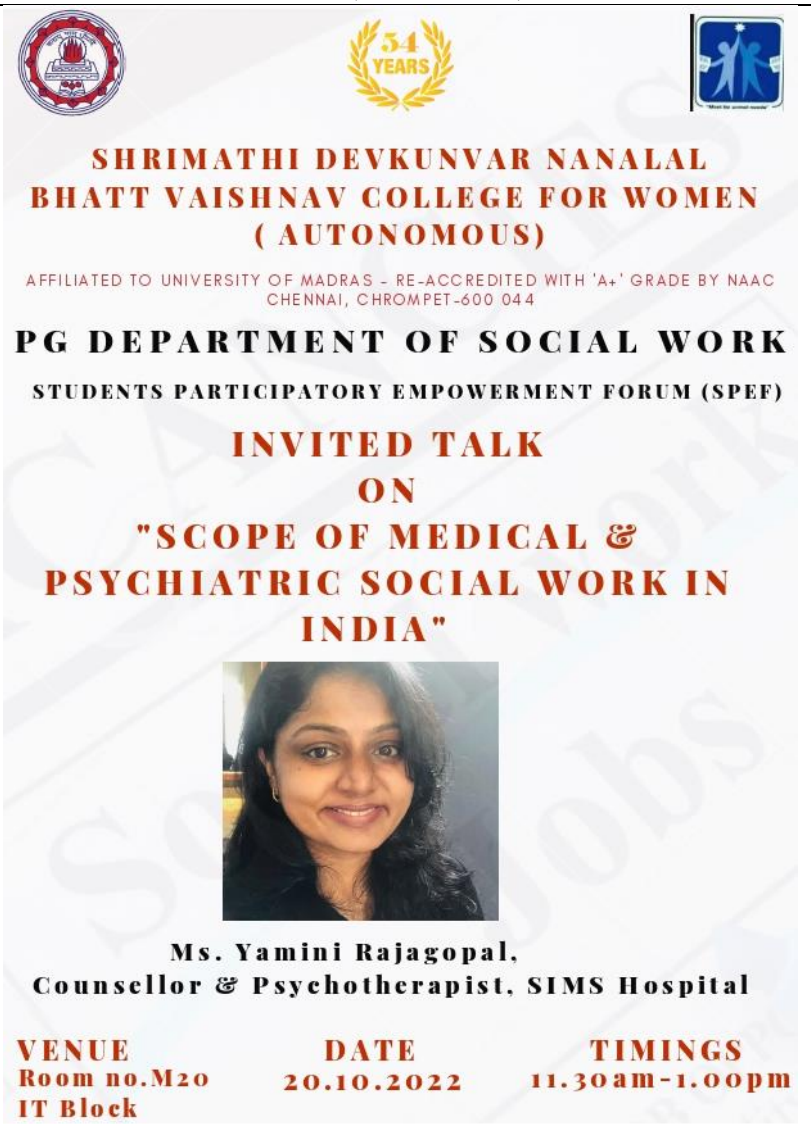




<b>ACTIVITY NAME</b>	Invited Talk on HR Challenges and Opportunities
<b>DATE</b>	17 <sup>th</sup> OCTOBER 2022
<b>TIME</b>	11:30 am-1:00 pm
<b>VENUE</b>	SEMINAR HALL 2, GB BLOCK, SDNBVC
<b>INVITATION</b>	 <p><b>SHRIMATHI DEVKUNVAR NANALAL BHATT</b>  <b>VAISHNAV COLLEGE FOR WOMEN</b>  <b>(AUTONOMOUS)</b></p> <p>Affiliated To University Of Madras , Re-Accredited With A+ Grade By NAAC,  Chrompet, Chennai 600 044</p> <p><b>PG DEPARTMENT OF SOCIAL WORK</b></p> <p><b>STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF)</b></p> <p><b>Invited Talk</b>  <b>On</b>  <b>"HR Challenges And Opportunities"</b></p> <p><b><u>Resource Person</u></b></p> <p>  <b>Mr. Yuvaraj Rajendran,</b>  <b>Sr.Manager (HRBP) - Hexaware</b>  <b>Technologies</b></p> <p>Venue: Seminar Hall 2, Golden Jubilee Block      Date: 17/10/2022      Time: 11.30 am to 1.00 pm</p>
<b>REPORT</b>	<p>Mr. Yuvaraj Rajendran, Senior Manager from Hexaware Technologies Shared the opportunities and skillsets of human resources. He also briefed about career growth development in global market and shared the knowledge about the resume formatting and drafting. He provided the job portals for job hunting and tips tricks to search the relevant job with relevant keyword. He elaborated on the scope of HR and self entrepreneurship importance. He provided more knowledge on abroad job opportunities for HR. Along with that he also shared the exams that need to be cleared for acquiring HR job opportunities. He shared the recruitment process that is happening in Hexaware Technologies.</p>

## PICTURES OF THE EVENT:



<b>ACTIVITY NAME</b>	INVITED TALK ON MEDICAL & PSYCHIATRIC SOCIAL WORKER IN INDIA
<b>DATE</b>	20 <sup>th</sup> OCTOBER 2022
<b>TIME</b>	11:30 am-1:00 pm
<b>VENUE</b>	ROOM NO M20, IT BLOCK, SDNBVC
<b>INVITATION</b>	 <p><b>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)</b></p> <p>AFFILIATED TO UNIVERSITY OF MADRAS - RE-ACCREDITED WITH 'A+' GRADE BY NAAC CHENNAI, CHROMPET-600 044</p> <p><b>PG DEPARTMENT OF SOCIAL WORK</b> <b>STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF)</b></p> <p><b>INVITED TALK ON "SCOPE OF MEDICAL &amp; PSYCHIATRIC SOCIAL WORK IN INDIA"</b></p> <p><b>Ms. Yamini Rajagopal, Counsellor &amp; Psychotherapist, SIMS Hospital</b></p> <p><b>VENUE</b> Room no.M20 <b>DATE</b> 20.10.2022 <b>TIMINGS</b> 11.30 am-1.00pm <b>IT Block</b></p>
<b>REPORT</b>	<p>Ms. Yamini Rajagopal, Counsellor and Psychotherapist from SIMS Hospital was the resource person. She initially explained the roles that are available for Medical Social Worker. She explained the skillset for each designation. She also actively provided the skills that suit us would be best scope for an individual. Designations for Medical Social Workers are Patient Coordinator, Transplant Coordinator, Blood bank Coordinator, Liaison Officer and Hospice Coordinator. Ms. Yamini later provided the scope of social worker in psychiatry setting. She explained that scope of social worker in abroad vs India along with the CTC given for each.</p>



## PICTURES OF THE EVENT:

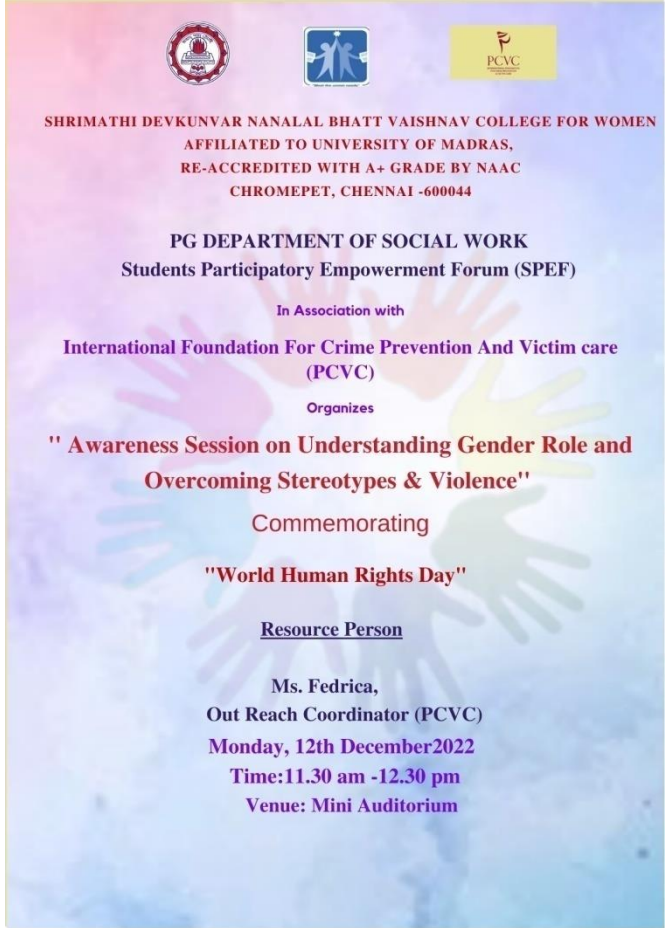


<b>ACTIVITY NAME</b>	<b>OUTREACH PROGRAM COMMEMORATING WORLD DISABILITY DAY</b>
<b>DATE</b>	03/12/2022
<b>TIME</b>	10:00 am to 11:30 am
<b>VENUE</b>	Marina Beach Pathway for disabled
<b>INVITATION</b>	 <p>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN AFFILIATED TO UNIVERSITY OF MADRAS, RE-ACCREDITED WITH A+ GRADE BY NAAC CHROMEPET, CHENNAI -600044</p> <p>PG DEPARTMENT OF SOCIAL WORK STUDENTS PARTICIPATORY EMPOWERMENT FORUM(SPEF)</p> <p>In Association with <b>ARVIND FOUNDATION</b></p> <p>Organizes <b>Out Reach Program</b> <b>" COMMEMORATING WORLD DISABILITY DAY"</b> Saturday, 3rd December 2022 10.00 am onwards <b>Venue: Marina Beach, Pathway for Disabled</b></p> <p><b>Dr.R.Geetha</b> Principal</p> <p>Dr.C.Victoria priscilla Vice Principal, SFS</p> <p>Dr.Mahisasuramardhini Vice Principal, SFS(Shift-I)</p> <p>Dr.Renu Agarwal Dean of management studies</p> <p>Ms.Priyadharshini.K Head In-Charge</p> <p><u>Organizing Committee</u></p> <p>Ms.Jesly Stephy Assistant Professor</p> <p>Ms.Vinu.V Assistant Professor</p> <p>Ms.Kavitha.V Guest Lecturer</p> <p>&amp; I and II MSW Students</p>
<b>REPORT</b>	<p>PG Department of Social Work in association with ARVIND FOUNDATION organised outreach program to create awareness about the equal access and inclusion of disabled people to general public. The program started at 10:00 am. MSW Students performed Mime on the theme “Transformative solutions for inclusive development and the role of innovation in fuelling an accessible and equitable world” Around 50 special children from Arvind Foundation were also present in the Marina Beach pathway for Disabled.</p>

## PICTURES OF THE EVENT:





<b>ACTIVITY NAME</b>	<b>AWARENESS SESSION ON UNDERSTANDING GENDER ROLE &amp; OVERCOMING STEREOTYPES &amp; VIOLENCE</b>
<b>DATE</b>	12/12/2022
<b>TIME</b>	11:30 am -12:30 pm
<b>VENUE</b>	Mini Auditorium
<b>INVITATION</b>	 <p>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN AFFILIATED TO UNIVERSITY OF MADRAS, RE-ACCREDITED WITH A+ GRADE BY NAAC CHROMEPET, CHENNAI -600044</p> <p>PG DEPARTMENT OF SOCIAL WORK Students Participatory Empowerment Forum (SPEF)</p> <p>In Association with International Foundation For Crime Prevention And Victim care (PCVC)</p> <p>Organizes " Awareness Session on Understanding Gender Role and Overcoming Stereotypes &amp; Violence"</p> <p>Commemorating "World Human Rights Day"</p> <p><u>Resource Person</u> Ms. Fedrica, Out Reach Coordinator (PCVC) Monday, 12th December 2022 Time: 11.30 am -12.30 pm Venue: Mini Auditorium</p>
<b>REPORT</b>	<p>The session started at 11:30 am. The resource person Ms. Fedrica gave introduction about their organisation International Foundation for crime prevention and victim care. She then addressed about forms of domestic violence its causes and how to respond it. She also explained about the difference between sex and gender also about gender identity and sexual orientation. She has also given factual statistical data on Domestic Violence. Around 110 students from MSW and BBA department got benefitted through this awareness program.</p>

## PICTURES OF THE EVENT:



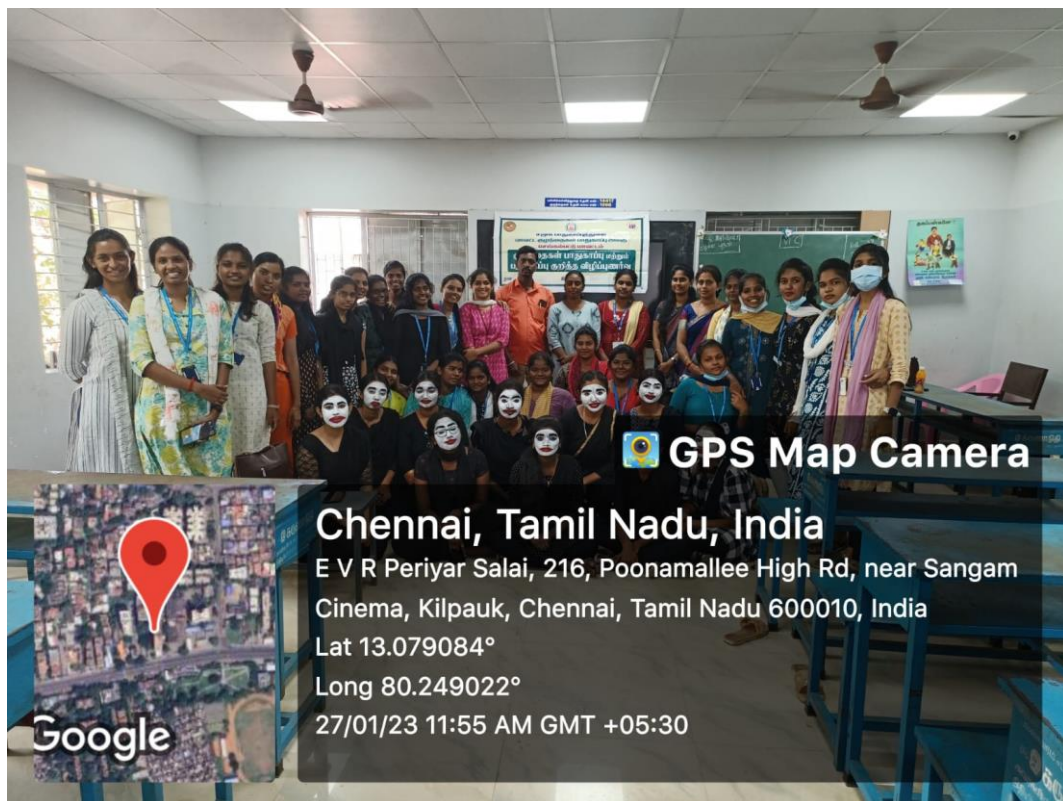
## JANUARY 2023

<b>ACTIVITY NAME</b>	<b>AWARENESS PROGRAM ON RIGHTS OF GIRL CHILDREN COMMEMORATING NATIONAL GIRL CHILD DAY</b>
<b>DATE</b>	27/01/2023
<b>TIME</b>	9:30 am-11:30 am
<b>VENUE</b>	Maraimalai Adikal Government High School, Pallavaram
<b>INVITATION</b>	
<b>REPORT</b>	<p>The program commenced at 10:00 am. The resource person of the event was Mr. Jayakumar, DCPO of Chengelpet District. MSW Students performed mime on Child Rights concept. Right to Education, Protection and Participation was included along with the schemes that are available for girl children. Resource Person Mr. Jayakumar, District Child Protection Unit addressed the school students regarding their rights and motivated them to achieve greater heights. Around 100 school students from class 11 and 12 of Maraimalai Adikal school got benefitted through this outreach program.</p>

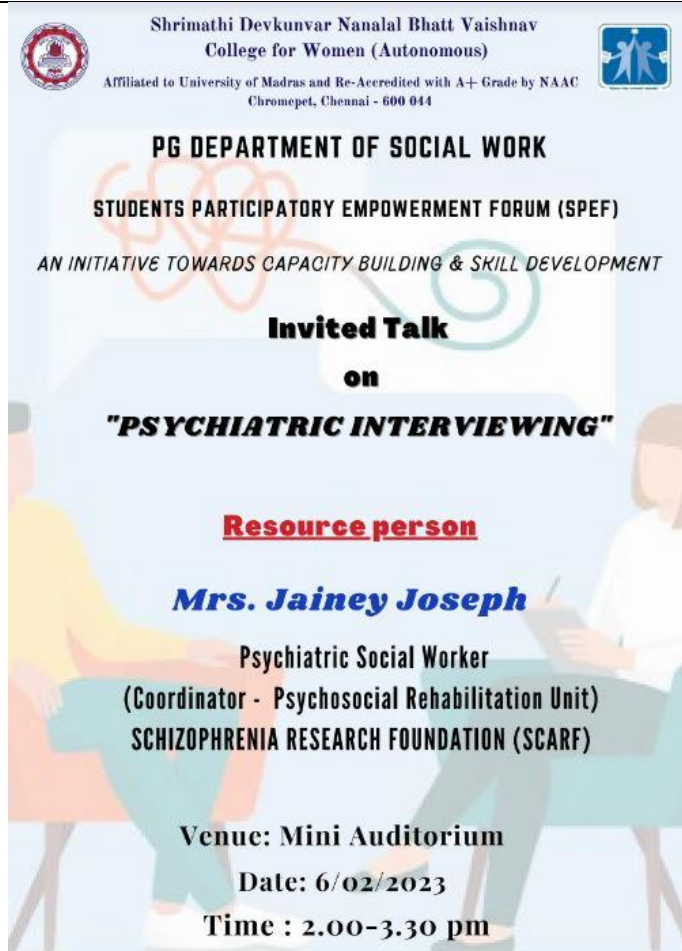


--	--

## PICTURES OF THE EVENT:





## FEBRUARY 2023

<b>ACTIVITY NAME</b>	<b>INVITED TALK ON PSYCHIATRIC INTERVIEWING</b>
<b>DATE</b>	06/02/2023
<b>TIME</b>	2:00 pm- 3:30 pm
<b>VENUE</b>	Mini Auditorium
<b>INVITATION</b>	 <p>Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous) Affiliated to University of Madras and Re-Accredited with A+ Grade by NAAC Chromepet, Chennai - 600 044</p> <p><b>PG DEPARTMENT OF SOCIAL WORK</b> <b>STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF)</b> <i>AN INITIATIVE TOWARDS CAPACITY BUILDING &amp; SKILL DEVELOPMENT</i></p> <p><b>Invited Talk</b> <b>on</b> <b>"PSYCHIATRIC INTERVIEWING"</b></p> <p><b>Resource person</b> <b>Mrs. Jainey Joseph</b> Psychiatric Social Worker (Coordinator - Psychosocial Rehabilitation Unit) SCHIZOPHRENIA RESEARCH FOUNDATION (SCARF)</p> <p><b>Venue: Mini Auditorium</b> <b>Date: 6/02/2023</b> <b>Time : 2.00-3.30 pm</b></p>
<b>REPORT</b>	<ul style="list-style-type: none"> <li>The program was commenced at 2:10 pm</li> <li>Resource Person was Mrs. Jainey Joseph, who is Psychiatric Social Worker and Psycho social Rehabilitation Coordinator at SCARF.</li> <li>She disseminated her knowledge from her experience and practical knowledge. The session included case history taking, its importance, steps and skills required for counsellor. She also taught about the tools and techniques of interviewing. Around 100 students from UG and PG Department of Psychology and MSW Students specializing in medical &amp; psychiatry got benefitted.</li> </ul>

## PICTURES OF THE EVENT:





<b>ACTIVITY NAME</b>	<b>ONE DAY WORKSHOP ON HR SKILLS</b>
<b>DATE</b>	10/10/2023
<b>TIME</b>	2:00 pm-5:30 pm
<b>VENUE</b>	Multipurpose Hall, Golden Jubilee Block
<b>INVITATION</b>	 <p> <b>SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV</b>  <b>COLLEGE FOR WOMEN (AUTONOMOUS)</b>  <small>Affiliated to University of Madras and re-Accredited with A+Grade by NAAC  Chromepet, CH - 600 044</small> </p> <p> <b>PG DEPARTMENT OF SOCIAL WORK</b>  <b>STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF)</b>  <b>AN INITIATIVE TOWARDS CAPACITY BUILDING &amp; SKILL DEVELOPMENT</b> </p> <p> <b>INVITED TALK</b>  <b>ON</b>  <b>One day Workshop on HR skills</b>  <b>RESOURCE PERSON</b> </p> <p>   <b>MS. MONISHA T</b>  <b>ASSISTANT MANAGER HR</b>  <b>ARGA INVESTMENT MANAGEMENT COMPANY</b>  <b>PVT LTD</b> </p> <p> <b>Venue:- Multipurpose hall</b>  <b>Date:- 10/10/2023</b>  <b>Time :-2.00-5.30 pm</b> </p>
<b>REPORT</b>	<ul style="list-style-type: none"> <li>. The program was commenced at 2:30 pm</li> <li>Resource Person was Ms. Monisha, Assistant Manager HR, trained MSW Students on Skills required for HR Profession by engaging them with various goal oriented activities.</li> <li>Around 30 students benefitted from this Workshop and gave a positive feedback about the Workshop</li> </ul>

## PICTURES OF THE EVENT:

