

# A PSYCHO-SOCIAL STUDY ON THE ISSUES OF ANGANWADI GOING CHILDREN IN KOLLAM DISTRICT OF KERALA DURING COVID-19 IMPOSED LOCKDOWN

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## ABSTRACT

*Children are the back bone of the inspiration of parents, society and the country as well, whether it is during past, present or future period. Caring and nurturing of children in the age group of three to six years is very crucial and plays a typical role as far as the physical, psychological and social development are considered. Kerala being a welfare state is dedicated to provide care and support as well as to protect their rights. Special Act like POSCO has been implemented in the state in addition to various agencies and authorities like Child Rights Commission, Juvenile Justice Board, Child Protection Officer and Child Line Services (1097). The present study is an attempt to assess what are the effects of COVID-19 imposed lock down on the socio-psychological aspect of anganwadi going children. Special thrust is given on 'child-parent' aspect. Stress, mood elevation, minor disorders and coping aspect were covered under the study. A post-mortem is done regarding the issues and challenges faced and overcome during the lock down period. It suggests measures to be taken while imposing such lockdowns in future, due to medical emergencies or during other calamities.*

**KEYWORDS:** Child, parent, Coping issues, disorder, Anganwadi.