



**Shrimathi Devkunvar Nanalal Bhatt Vaishnav College For Women(Autonomous) Chromepet, Chennai 600 044**



Affiliated to University of Madras, Re-Accredited with "A+" Grade by NAAC

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**National Webinar On Self Analysis For Young Warriors**

The NSS units of SDNB Vaishnav College for Women organized National level webinar on "Self Analysis for Young Warriors" to mobilize youth in fight against covid-19 on 22<sup>nd</sup> June 2021. It was a great and enlightening session. The key note address was given by Dr.Vaneeta Aggarwal (NSS Coordinator, University of Madras). She mentioned the importance of yoga and meditation and the need of service to humanity. The guest speaker Dr.C.Samuel Chelliah (Regional Director NSS, Ministry of Youth Affairs & Sports, Regional Directorate of NSS, Chennai) quoted that "Minimize the suffering maximize the confidence".

This plenary echoed the theory of self-analysis with number of examples to keep a goal in life. He also lighted on to the living examples and spell out the heights they reached. Nearly 100 of our NSS volunteers participated in this webinar.






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**NATIONAL SERVICE SCHEME & YOUTH RED CROSS**  
*Organizes*

**National Webinar**  
*On*

**“SELF ANALYSIS FOR YOUNG WARRIORS”**  
 (To Mobilize Youth in Fight against Covid-19)

**On 22<sup>nd</sup> June 2021**

**Platform: Google Meet**                      **Time: 11.30 am**

**Key Note Address**                              **Guest Speaker**



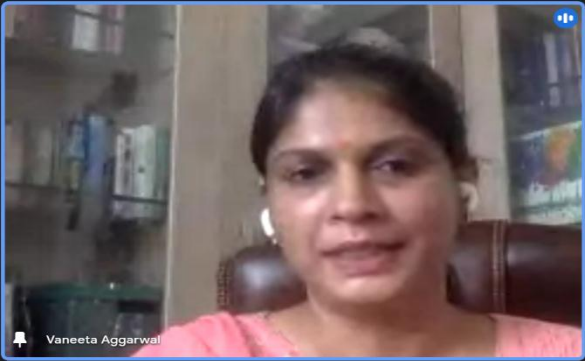
**Dr.Vaneeta Aggarwal**  
 NSS Coordinator  
 University of Madras  
 Chepauk, Chennai.



**Dr.C.Samuel Chelliah**  
 Regional Director NSS  
 Ministry of Youth Affairs & Sports  
 Regional Directorate of NSS, Chennai.

Meet - bak-wevb-bnn  
PLAYING

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Vaneeta Aggarwal

Angel Sherin

96 others

You

People

- POOVIZHI MONANI (YOU)
- 19CH017 Logeshwari . P
- 19CH025 Poonguzhali
- 19CH032 Priyanka
- 19CO167 Monika.S
- 19CO214 Rinthiya. M
- 19CO273 Sripriya
- 19ELO34 Parvatha Balag...

11:47 AM | bak-wevb-bnn

36°C Partly sunny

11:47 22-06-2021

Meet - bak-wevb-bnn  
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Sam Chelliah

shanthi V G

94 others

You

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11:58 AM | bak-wevb-bnn

35°C Mostly cloudy

11:57 22-06-2021

Meet - bak-wevb-bnn

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Sam Chelliah is presenting

1. Have Goal in your Life

குறிக்கோள் இல்லாமல் வாழ்கலை இல்லை

Sam Chelliah

S A

94 others

You

People

- poovizhi mohan (you)
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- 19CH025 Poonguzhali
- 19CH032 Priyanka
- 19CO167 Monika.S
- 19CO214 Rinthiya. M
- 19CO273 Sripriya
- 19EL034 Parvatha Balag...

12:11 PM | bak-wevb-bnn

35°C Mostly cloudy

12:11 22-06-2021

Meet - bak-wevb-bnn

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REC

Sam Chelliah is presenting

GOAL SETTING

SPECIFIC  
MEASURABLE  
ATTAINABLE  
RELEVANT  
TIMELY

Sam Chelliah

S A

94 others

You

People

In call

- Poovizhi Mohan (You)
- 19CH017 Logeshwari . P
- 19CH025 Poonguzhali
- 19CH032 Priyanka
- 19CO167 Monika.S
- 19CO214 Rinthiya. M
- 19CO273 Sripriya

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36°C Mostly cloudy

12:17 22-06-2021

Meet - bak-wevb-bnn

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Sam Chelliah is presenting

Sam Chelliah

98 others

You

People

In call

- Poovizhi Mohan (You)
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- 19CH025 Poonguzhali
- 19CH032 Priyanka
- 19CO167 Monika.S
- 19CO214 Rinthiya. M
- 19CO273 Sripriya

12:24 PM | bak-wevb-bnn

36°C Mostly cloudy

12:24 22-06-2021

Meet - bak-wevb-bnn

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Angel Sherin

Sam Chelliah

shanthi V G

Vaneeta Aggarwal

Beena Anil

user25 dept

Shalini 19cs041

91 others

You

In-call messages

19PB036 Sivapuramdevi 12:45 PM  
A very good session.Very much motive and informative on life purposes I Thank you so much ❤️

20PB041 Vrisha Prasad 12:46 PM  
Thank you so much sir and mam. This was a wonderful webinar by seeing this we got a good and positive mentality that how to lead a life with humanity. Once again thank you sir and Madam and we'll surely try to follow in our life to achieve our goals

user25 dept 12:46 PM  
Excellent talk sir

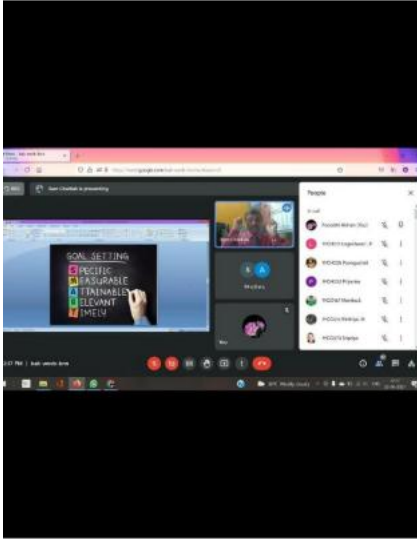
Send a message to everyone

12:46 PM | bak-wevb-bnn

36°C Partly sunny

12:46 22-06-2021

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Sdnb Vaishnav College for Women



Visit the COVID-19 Information Center.



Liked by [\\_sriiswe\\_](#) and 16 others

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