

Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women (Autonomous) Chromepet, Chennai 600 044



Affiliated to University of Madras, Re-Accredited with "A+" Grade by NAAC

Observance of Poshan Maah (Nutrition Month)

The NSS unit of SDNB Vaishnav College for Women observed POSHAN MAAH called as Nutrition Month from 1^{st} September $2021 - 30^{th}$ September 2021 in our college. The activities conducted are KITCHEN GARDENING and free VACCINATION DRIVE.

I ACTIVICTY:

Kitchen Gardening

There are many reasons of having a Kitchen garden but one of the simplest reason of having a kitchen garden is that it can make you "HEALTHY WEALTHY AND WISE". Many of our NSS Volunteers participated in this activity. They planted many saplings in their home without any chemicals and the compost prepared from their kitchen waste. The following are the photos of NSS volunteers who involved in kitchen gardening.











II ACTIVITY:

Free Vaccination Drive

COVID 19 - vaccines are effective. They can keep us away from getting and spreading the virus that causes COVID -19. Getting vaccinated yourself may also protect people around you and yourself.

More than 180 of our college students, faculties and their family members got benefited through this free vaccination drive (6.9.2021 to 8.9.2021 - 3 Days) conducted by our college jointly with Pallavaram Corporation and with NSS, NCC, Rotract and IQAC of SDNB Vaishnav College.









