

**COVID 19-Educational Disruption and Psychological and  
Emotional well-being of students  
(A study with reference to UG and PG students of  
ShrimathiDevkunvarNanalalBhattVaishnav College for women)**

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**ABSTRACT**

*With the pandemic forcing the teaching and learning process to migrate to the online mode, the education system has faced an upheaval like never before. This has posed several challenges to teachers and students in India. The basic purpose of this research is to analyze the educational disruption and psychological and emotional mind-set among students due to Covid-19 pandemic. No doubt that the Covid-19 pandemic has unleashed the most important calamity that humanity has faced thus far. Most Governments around the world have temporarily closed educational institutions in an attempt to control the spread of the virus. These nationwide closures are impacting over 60% of the world's student population. Covid-19 has thrown education all over the world in a loop. To what extent it is affected was analyzed with the help of a sample of 160 respondents (students) of ShrimathiDevkunvarNanalal Bhatt Vaishnav college for women, Chromepet, Chennai. Though there is no replacement for the much effective real-life interaction of the teacher and students, life is digital by default. E-learning and exchange of data are extremely important alternatives amidst this crisis for the students whose formative years are extremely important in their career journey.*

**Key words:** Educational disruption, psychological and emotional well-being