



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College For Women(Autonomous) Chromepet, Chennai 600 044



Affiliated to University of Madras, Re-Accredited with "A+" Grade by NAAC

World Heart Day

The NSS Units of S.D.N.B. Vaishnav College for Women conducted the World Heart Day on 29th September 2020. Our NSS students indulged in Poster Creation on awareness towards maintaining healthy heart. It says about looking after own heart and hearts of those people who matter to you. It is about stopping those habits which are harmful to our body and especially our heart.

On this day our NSS volunteers have done posters regarding awareness of importance of heart . They used the slogans “Listen to your Heart”, “A Healthy Heart is key to Healthy life”, “Let your heart beat,don’t beat it with unhealthy lifestyle”.The Posters were circulated among Whats app group of our students, family and friends as a mark of observing World Heart Day in order to reach the community.



