

Dr Renu Agarwal

Assistant Professor

PG Department of Food Science, Nutrition & Dietetics

SDNB Vaishnav College for Women, Chromepet, Chennai - 44

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Academic Contribution

- Experience of more than **15 years of teaching, research and development**
- Holding position as a **Dean of New Age Sciences & technology and Head – M Sc Food Science Nutrition & Dietetics**
- Registered as a **PhD guide & Examiner** with jtu, Raj. (jtu/2k9/cmg/514).
- **About 3 years industrial experience – HR Manager.**
- Member of **IDA** Indian Dietetics Association, Chennai Chapter.
- Currently **Supervising and guiding** for PhD and PG students.
- Life member of **Indian psychological group.**
- Member of **Nutritionists Republic.**
- Member of **NSI Nutrition Society of India.**

Academic Qualification

Degree	Major	University/College	Year	Grade
PhD	HRM - “Organizational Behaviour”	JTU University, Raj - India	2012	Awarded
MBA	HRM/ MRKTG	Swift College, Bhilwara, Raj - India	2008	I
M Phil	Human Development	Vinayaka Mission University, Selam- India	2007	I
M Sc	Human Development	Banasthali Vidyapith, Raj. - India	2002	I
PGDCA	Computer Application	Banasthali Vidyapith, Raj. - India	2001	I
PGECE	Early Childhood Education: Philosophy and Administration of School	Banasthali Vidyapith, Raj. - India	2001	I
NET - JRF	Human Development (Ref. No.-1603 - NET-June-2012, Roll No. - 36120133)	UGC – University Grant Commission, Delhi - India	2012	I

Publications, Conferences and Paper Presentations

- **Attended** a National Conference on “Challenges and Sustainable Approaches Towards Food and Nutrition Security-A Global Perspective” organized by the department of Food Science & Nutrition, Avinashi lingam Institute for Home Science and Higher Education for Women

sponsored by NSI & DST CURIE, on 7/12/2018 – 8/12/18. **Presented a paper** entitled “*Household Methods and Challenges for Food Security*”.

- **Published** a research paper in “Asian Journal of Multidimensional Research (AJMR)” entitled “*Household Methods and Challenges for Food Security*”. ISSN: 2278:4853, Vol. 7 issue 5, Dec-2018, pp.-222-225 (UGC Approved Journal).
- **Participated** in “Swasth Bharat Yatra” in commemorating 150th Birth Anniversary of Mahatma Gandhi from 17/10/2018 – 19/10/2018, in Kancheepuram District, organized by Tamilnadu Food Safety and Drug Administration Department and FSSAI.
- **Attended** an International Clinical Nutrition Congress – 10th Annual Continuous Nutrition Education Conference “Feeding the critically Ill Patients – An Inter-Professional Approach” organized by the department of Clinical Nutrition & Department of Nursing, Madras Medical Mission, Chennai-37, on 10/8/18-11/8/18.
- **Attended** an International Conference and **Presented** Poster on “Nutraceuticals-Concepts & Applications in Diseases (ICNCAD-2018)” organized by the department of Medical Biochemistry, University of Madras, on 16/2/18-17/2/18.
- **Attended a National Conference** on “Lean Management and Organizational Effectiveness” organized by the PG department of Human Resource Management, SDNB Vaishnav College for Women, chromepet, Chennai-44, on 29/11/2016.
- **Published** a research paper in “International Journal of Business Intelligence & Innovations” entitled “Organizational Stress Management Techniques: A Productive Approach to Prevent Stress at work”. ISSN: 2348:4705, Vol. issue 4, Nov-2016, pp.-134-140
- **Attended** the National Seminar on “New Vistas in Teaching Pedagogy” organized by IQAC on 24/1/2015 by SDNB Vaishnav College for Women, chromepet, Chennai-44.
- **Published** a research paper in “Indian Journal of Applied Research” entitled “Higher Education and Quality Improvement: A challenge for India”. ISSN: 2249:555X, Vol. 4 issue 10, Oct-2014, Impact Factor : 2.1652
- **Attended** a Peace Principle Seminar on the theme “How to realize ideal Life, Ideal Family and Ideal World” on mark UN “International Day of Friendship” held on 30/7/2014, by SDNB Vaishnav College for Women, chromepet, Chennai-44.
- **Attended** the work shop on “Training the Trainers” organized by IQAC on 10 & 11 Jan 2014 by SDNB Vaishnav College for Women, chromepet, Chennai-44
- **Published** a research paper in “Anukriti: An International Multidisciplinary Research Journal” entitled “*Occupational wellbeing and Job Satisfaction*”. Reg. No. 694/2009-10 ISSN: 2250-1193 Vol. 2, No. 7, Year-2 July-September, 2012, pp. 61-64
- **Published** a research paper in “International Journal of contemporary Practices (IJOCP)” entitled “*Stress and Work-place: A systematic study on organizational behavior*”. ISSN: 2231:5608, Vol. 1, issue 2, June-2011, pp.-22-28
- **Published** a research paper in “International Journal of contemporary Practices (IJOCP)” entitled “*Effect of Stressful Experiences upon Behavior and Adjustment of Employees*”. ISSN: 2231:5608, Vol. 1, issue 1, May-2011, pp-52-59.
- **Published** a research paper in souvenir “*International Conference on Stress: Health, Society and Technology*” (ICONS-HST)” on stress- management, organized by IISMAAS, JNU, New Delhi, April-20-21, 2011.p-40
- **Published** a research paper in “Indian Journal of Health & Well-being” entitled “*Stress: Causes, Symptoms and Coping Strategies of Employees*”. Vol. 2, Issue 1, March-2011, pp 38-41.
- **Attended** an International conference on Counseling as a Tool for Non-Violent Social Change 4th-6th Jan-2011, organized by Christian Counseling Centre, Vellore. **Presented a paper** entitled “*Stress: Causes, Symptoms and Coping Strategies of Employees*”. Paper published in souvenir, p-84.

- **Published** a paper on “*positive Discipline*” in the psychological magazine “Psy-insight” vol. 1, issue 1, August 2010. Pg. no. 60.
- **Attended** 2nd National Conference of Council of Behavioral Scientists (An Organ of Society of Behavioral Scientists, Regd.). 17-19 Oct.2002. Organized by: Department of Psychology, St. John’s College, Agra (U.P.)-282002. **Presented a paper** entitled “*Stress: Causes, Symptoms and Coping Strategies of College Going Adolescents*”.
- **Attended** 6th National Conference of Psycho-Linguistic Association of India (PLAI). 29-30 DEC.2002. Banasthali Vidyapith, Banasthali (Raj.)-304022. Focal Theme was “*Impact of Media on Psychological Processes and Behavioral Changes*”.