Dr. Ilakkiya.L

**Assistant professor** 

**Head of the Department** 

Department of Psychology, Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for women, Chromepet, Chennai-44.

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**Educational Qualification** 

Education	Name of the School/Institution	Year	Grade/Merit
SSLC	Sri Chakaravarthy International Matriculation Academy, Chennai -16	2006	I- class
HSC	Sri Chakaravarthy International Matriculation Academy, Chennai-16	2008	I- class
B.Sc Psychology	Ethiraj College for Women, Chennai -09	2008-11	I- class
M.Sc Applied Psychology	Bharathair University, CBE-46	2011-13	I- class
M.Sc Counseling and Psychotherapy	TamilNadu Open University, Chennai	2012-14	I- class
Ph.D Psychology	Bharathair University, CBE-46	2013-16	I- class
NET (Psychology)		2015	

# Experience

- Assistant Professor, Psychology, Patrician College of Arts and Science (2016-2020) Consultant Counsellor, Optum Health and Technology.
- Online counsellor at EPSY CLINIC (2017)

#### **Current Position:**

- Head of the Department, Psychology, SDNBVC (2020)
- Consultant Counsellor, Optum Health and Technology. (2016)

### **ICSSR Project** (2013-15):

• Thesis submitted on "Eliminating Perceived Stigma and Enriching Psychological Resources among Nurses treating HIV/AIDS and Cancer Patients".

## Ph.D Research:

• Research on "Eliminating Perceived Stigma and Enriching Psychological Resources among Nurses treating HIV/AIDS and Cancer Patients".

#### **Seminars / Conferences Paper Presented**

- UGC Sponsored National Conference on Enhancing Psychological Well Being (NCEPW2014)
   Department of Psychology BharathiarUniversity,21 February 2014. Impact of Perceived
   Stigma on Mental Health and Burnout among Nurses Treating HIV /AIDS and Cancer
   Patients. Ilakkiya.L. & Dr S. Subramanian.
- 50<sup>th</sup> National and International Conference of the Indian Academy of Applied Psychology.
   Organized by Sri Padmavathi Women's Degreeand PG College (Managed by Tirumala Tirupathi Devasthanam) Tirupathi 23-25 January 2015. Impact of Perceived Stigma on Quality of Life among Nurses Treating HIV/AIDS and Cancer Patients Dr S. Subramanian. & Ilakkiya.L.
- 20th International Conference of IAAP, Bangalore University. Organized by: IAAP Bangalore
   6-8 May 2016. Eliminating Perceived Stigma and burnout among Nurses treating HIV/AIDS
   Patients implementing Integrated Intervention." Ilakkiya.L.& Dr S. Subramanian
- 50<sup>th</sup> National and International Conference of The Indian Academy of Applied Psychology.
   Organized by Sri Padmavathi Women's Degree and PG College (Managed by Tirumala Tirupathi Devasthanam) Tirupathi 23-25 January 2015. Impact of Perceived Stigma on Quality of Life among Nurses Treating HIV/AIDS and Cancer Patients Impact of Perceived Stigma on Life Satisfaction among Nurses Treating HIV/AIDS and Cancer Patients. Ilakkiya. L.& Dr

#### S. Subramanian

- 3<sup>rd</sup> International Conference by the Department of Applied Psychology of the Pondicherry
   University and6<sup>th</sup>InSPA International Conference 13 15 October2016. Relationship between
   test anxiety and coping strategies amongAdolescents. Narayani. A, Ilakkiya. L & Sri Janani
   Vasanth
- 3<sup>rd</sup> International Conference by the Department of Applied Psychology of the Pondicherry University and 6<sup>th</sup>InSPA International Conference 13 15 October2016. Teacher's attitudes and perception on imparting sex education in schoolsversus adolescent's sexualknowledge. Sri Janani Vasanth, Narayani. A & Ilakkiya. L

## Papers Published:

- A Paper Titled "Impact of Perceived Stigma on Quality of Life among Nurses Treating HIV/AIDS and Cancer Patients Impact of Perceived Stigma on Life Satisfaction among Nurses Treating HIV/AIDS and Cancer Patients." Ilakkiya.L. & Dr S. Subramanian was published in International Journal of Psychosocial Research (Vol-4(1), July 2015).
- L Ilakkiya, S Subramanian (2016), Eliminating Perceived Stigma and Burnout among Nurses Treating HIV/AIDS Patients Implementing Integrated Intervention, International Journal of Indian Psychology, Volume 3, Issue 3, No. 7, DIP: 18.01.127/20160303, ISBN: 978-1-365-12175-3
- L Ilakkiya, S Subramanian (2016) Impact of Perceived Stigma on Quality of Life among Nurses Treating HIV/AIDS and Cancer Patients, International Journal for Research and Development, Vol. 3, No. 6, March-April 2016
  - Pavithra, Dr.L Ilakkiya (2018), A Comparative study of men and women on marital attitude and expectancy, sanshodhanchetana, VOL 7<sup>th</sup> Issue 3<sup>th</sup>, Dec 2018, ISSN: 2319-5525